

Abstract

A method and a system for providing support when selecting a training program as part of therapy planning. A capability profile for a patient and a first database are provided. The first database contains a plurality of past comparative capability profiles for comparative patients and an allocation of training programs respectively prescribed on the basis of these comparative capability profiles. A data processing station automatically compares the patient's capability profile with the comparative capability profiles and selects and displays from the first database, one or more suitable training programs for which the associated comparative capability profile matches the patient's capability profile to a prescribable degree of similarity. The method and the associated system make it easier for the physician or therapist to select an individual training program.